

PRO-LIFE LENTEN CALENDAR 2009

For each day in this holy season I will pray, act or make sacrifices for unborn children and their mothers

M T W T F S S

FEBRUARY

25
ASH
WEDNESDAY

26

27

28

1
1ST
SUNDAY

MARCH

2

3

4

5

6

7

8
2ND
SUNDAY

9

10

11

12

13

14

15
3RD
SUNDAY

16

17
SAINT
PATRICK'S
DAY

18

19
SAINT
JOSEPH'S
DAY

20

21

22
4TH
SUNDAY

23

24

25
ANNUNCIATION
OF OUR
LORD

26

27

28

29
5TH
SUNDAY

APRIL

30

31

1

2

3

4

5
PALM
SUNDAY

6

7

8

9

10
GOOD
FRIDAY

11

12
EASTER
SUNDAY

LENTEN SACRIFICES 2009

45 DAYS OF PRAYER, ACTION AND SACRIFICE TO KEEP IRELAND ABORTION-FREE

WHAT YOU CAN DO

Pray:

- Pray every day during Lent that the right to life of unborn children is protected in Ireland, and for mothers in crisis pregnancies
- Pray particularly that proposals to begin embryo research in University College Cork will be withdrawn
- Ask for God's blessing on Youth Defence's campaign to prevent embryo research in Ireland
- Ask others to join you in this Lenten Campaign of Prayer for Life - perhaps your friends, or your prayer group



Take Action:

- Help out at a pro-life information stall
- Help with prayerful counseling outside abortion referral agencies
- Distribute pro-life leaflets in your neighbourhood
- Volunteer for a pro-life office or programme
- Host a pro-life evening to inform your friends and family – we can provide a speaker and top-quality information
- Call the Youth Defence office on 01 8730463 for assistance with any of these suggestions



Make Sacrifices:

- Offer your Lenten sacrifices up for the protection of human life
- Consider making a Lenten donation to pro-life work

